

¹Reservation required, Just For Seniors at 558-6664

²HICAP Appointment Line: 1-800-434-0222

³Weight Watchers 12-week program Tasha @ 558-6060

⁴Beauty for the Ages 4-week program: Contact the Senior Center @ 799-2820

Loma Linda Senior Center - "The Gathering Place"
Telephone: (909) 799-2820
25571 Barton Road
(Behind City Hall and Fire Station
on Loma Linda Drive)

APRIL 2006

Claude for Party Bridge – 795-1995

Joan for the Ukulele Club – 796-8934

Keoki (George) Ariola Intermediate Ukulele 534-6093

Arvin Leach for Watercolor Workshop - 797-5266

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
2 SENIOR CENTER CLOSED	3 Senior Painters 8:30 - 11 am Instructions by Betty Hayes - \$3.00 ³ Weight Watchers 12-1 pm ¹ <u>AARP 55 Alive Driving Prog. 1-5 pm (2 days)</u> Intermediate Ukulele 1-3 p.m.	4 Ukulele Club- 9 -11 am ¹ <u>AARP 55 Alive Driving Prog. 1-5 pm (2 days)</u> Strength & Balance Exercise video 1:30 – 2:30 pm	5 <u>Language Improvement Class 11 a.m. – 12 p.m.</u> ⁴ <u>Beauty for the Ages 10-11 a.m.</u> ¹ Computer 101 1- 3 & 3 -5 pm Movie & Refreshment 2:30 pm	6 Watercolor Workshop 9 am to 12 p.m. Sit & Fit Exercise Video 9:30 am Focus on Healing 10-11 a.m. Party Bridge 1 - 5 pm	7 SENIOR CENTER CLOSED
9 SENIOR CENTER CLOSED	10 Senior Painters 8:30 am - 11 am Instructions by Betty Hayes - Cost: \$3.00 ³ Weight Watchers 12-1 pm	11 Ukulele Club 9 -11 am Spaghetti Lunch (Veg) Open to All 11:30 – 1:30 Strength & Balance Exercise video 1:30 – 2:30 pm	12 <u>Memory Loss Clinic 9 am-11 am</u> ⁴ <u>Beauty for the Ages 10-11 a.m. (Last Class)</u> <u>Language Improvement Class 11 a.m. – 12 p.m.</u> ¹ Computer 101 1- 3 & 3 -5 pm (Last Class) Movie & Refreshment 2:30 pm	13 Water color Workshop 9 am to 12 p.m. Sit & Fit Exercise Video 9:30 am Focus on Healing 10-11 am ² <u>HICAP 1 – 4 pm</u> Party Bridge 1 - 5 pm	14 SENIOR CENTER CLOSED
16 SENIOR CENTER CLOSED	17 Senior Painters 8:30 am - 11 am Instructions by Betty Hayes - Cost: \$3.00 9:30 – 11:30 Mobile Solutions – Braille Van - Low Vision ³ Weight Watchers 12-1 pm	18 Ukulele Club 9 -11 am <u>"Identity Theft" - 12:00PM</u> <u>Larry Roberts Speaker</u> Scrapbooking Get Together 1:00 Strength & Balance Exercise video 1:30 – 2:30 pm <u>Sr. Center Bd. 3:00 pm</u>	19 <u>Osteoporosis Seminar/Screening 10:30 – 12:00 Dr. Jacobson</u> <u>Memory Loss Clinic 9 am-11 pm</u> <u>Language Improvement Class 11 a.m. – 12 p.m.</u> Movie & Refreshment 2:30 pm	20 Water color Workshop 9 am to 12 p.m. Sit & Fit Exercise Video 9:30 am Focus on Healing 10-11 a.m. Party Bridge 1 - 5 pm	21 SENIOR CENTER CLOSED
23 SENIOR CENTER CLOSED	24 Senior Painters 8:30 am - 11 am Instructions by Betty Hayes - Cost: \$3.00 ³ Weight Watchers 12-1 pm Intermediate Ukulele 1-3 p.m.	25 Ukulele Club 9 -11 am Strength & Balance Exercise video 1:30 – 2:30 pm	26 <u>Language Improvement Class 11 a.m. – 12 p.m.</u> Movie & Refreshment 2:30 pm	27 Water color Workshop 9 am to 12 p.m. Focus on Healing 10-11 a.m. Sit & Fit Exercise Video 9:30 am Party Bridge 1 - 5 pm ² <u>HICAP 1 – 4 pm</u>	28 SENIOR CENTER CLOSED
30 SENIOR CENTER CLOSED			Cinco de Mayo Luncheon May 4th 12:00 \$ 3.50 Pre-purchase tickets at desk		